

RSHE Policy

Our school is about every member of our community working together to provide each child with the best education possible, in a respectful and caring environment. We aim to collaborate to make real contributions that will benefit our children and families every day.

We believe each of our individual roles at The Green has an impact on the future of every child – developing and inspiring the future leaders, entrepreneurs and innovators of tomorrow. We will continually strive to deliver learning experiences to engage and instil a curiosity to find out more.

In order for children to be able to flourish and grow, our PSHE and RSHE curriculum aims to provide the children with an understanding of how to grow positive relationships with people, maintain good mental and physical health. Children should understand sex education, appropriate to their age. We want our children to develop an

understanding of the wider world and make a positive contribution to the world that they are living in.

The aim of the curriculum is to help our children to build friendships and positive relationships in an age appropriate way. We aim to raise awareness of attitudes and values, developing personal and social skills and promoting knowledge and understanding. RSHE covers more than just biological facts and information. It endeavours to help children develop self-esteem, responsibility for themselves and gain skills and understanding to develop caring, stable, healthy relationships. An understanding and appreciation of values such as self-respect, dignity, marriage, civil partnership and parental duty should be encouraged in all pupils together with a sensitivity to the needs of others. RSHE and PSHE will look at aspects of diversity in an inclusive and non-judgemental way. We believe the best way to deliver RSHE is through our PSHE curriculum.

The main objectives of RSHE are to;

- Develop pupil's confidence in talking, listening and thinking about feelings and relationships
- Teach pupils the correct terminology and vocabulary to name their body parts and describe how their bodies work
- Help pupils to understand a range of relationships, and the importance of building positive relationships with others, involving trust and respect, in both person and online
- Teach pupils to recognise unsafe situations and be able to protect themselves and ask for help and support
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene

From September 2020, Relationships Education and Health Education became compulsory for all pupils receiving primary education. Sex Education is not compulsory in primary schools, however the DfE continues to recommend that all primary schools should have a sex education programme that is tailored to the age and maturity of the pupils.

What is Relationships, Sex and Health Education?

To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their well-being, health and relationships and to build

their self-efficacy. Pupils can also put this into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. These subjects can support young people to develop resilience, to know how and when to ask for help, and to know where to access support.

Legislation

This policy outlines the commitment that The Green Flying High Academy will provide an effective curriculum to deliver RSHE and PSHE objectives for all pupils with the support of parents, who are the first educators of the children in this area. It has been written in line with the guidance from the DfE Relationships Education, Relationships and Sex Education (RSHE) and Health Education guidance of 2019 and other relevant guidance documents and statutory requirements.

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education Compulsory for all pupils receiving primary education. They also make Health Education compulsory in all schools.

Curriculum Content and How this is taught

- PSHE and RSHE will be delivered through a range of teaching methods and interactive activities including drama techniques, a range of presentation styles, discussion, debate, investigating and analysing information, group work and self reflection activities.
- PSHE lessons will be delivered on a weekly basis and linked to the JIGSAW scheme of work where appropriate
- The Green Flying High Academy will observe National important dates related to PSHE such as Odd Socks day to collectively address and explore PSHE and RSHE objectives.
- PSHE is often linked to texts used in the classroom for reading and reading for pleasure . Themes and character relationships are focal point in our English curriculum and we take careful consideration to select texts that address protected characteristics.
- Teachers will be responsible for teaching RSHE.
- Where appropriate, teachers will use outside agencies and visitors such as the NSPCC and the School Nurse, to enhance and broaden the children's knowledge of RSHE
- Lessons will be delivered to support the needs of all the children in the class and will be adapted so that anyone with specific learning needs will be supported and able to access the learning at their level.

Staff have full access to resources from JIGSAW to support lesson planning with high quality resources. The programme covers the statutory requirements of the Relationships and Health Education, Personal, Social, Health and Economic curriculum and Ofsted inspection criteria for personal development, behaviour and welfare. Staff will receive regular training in the PSHE and SRE curriculum to ensure that they feel confident to deliver all aspects of the curriculum. RSHE is usually delivered in mixed gender groups however, there may be occasions where single gender groups are more appropriate and relevant.

RSHE and PSHE objectives are also covered through Science, ICT, RE and PE where we feel that they significantly contribute to a child's understanding of their own body, and how it is changing and developing as well as PSHE.

Sex Education & Parental Consent

Our school does not teach sex education as our children are aged between 4 and 7.

All schools must teach the following as part of the National Curriculum, parents do not have a right to withdraw their child from the Science curriculum.

Key Stage 1 Science Curriculum Year 1

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

Year 2

- Notice that animals, including humans, have offspring which grow into adults
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

Policy Development

This policy was created in consultation with the whole school community with input from;

Children: Via pupil voice and what they think an RSHE and PSHE curriculum should be,

Staff: through consultation documents and open discussion in staff meetings

Governors: discussion at governors meeting

Parents: via consultation meetings and surveys

We will continue to ensure that the curriculum meets the needs of the pupils, staff and parents and that it is in-line with the DFE guidance.

Our policy is available;

- From the school office on request
- Online on the school website

Roles and Responsibilities

Governing Body

The Governing body will approve the RSHE policy and hold the head teacher to account for the implementation of the policy.

SLT and Subject Lead

The Headteacher, Curriculum Lead and PSHE leader are responsible for ensuring that PSHE and RSHE are taught effectively and consistently across school

Staff are responsible for;

- Delivering PSHE in a sensitive way
- Modelling positive attitudes towards PSHE
- Monitoring children's progress
- Responding to the needs of individual pupils

Pupils are expected to participate fully and treat others with respect and kindness.

Equality, Diversity & Inclusion

We are required to comply with the Equality Act of 2010. The Green Flying High Academy values diversity and encourages and promotes respects for all and we promote an acceptance of difference. We do not discriminate against pupils because of any protected characteristic (age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership or sexual orientation). At times when there is an identified need, we may take positive action through our planning and delivery of PSHE/ RSHE to deal with disadvantages facing those with a particular characteristic. RSHE is accessible to all pupils regardless of their gender. The teaching of PSHE and RSHE will explore gender stereotypes and how they may limit a person's potential and ensure that people of all genders receive information that is relevant to their needs. We will ensure to deliver RSHE in a factual and non-judgemental way ensuring that one teacher does not promote one faith or cultural viewpoint but rather provides a balanced approach that acknowledges a breadth of views. Parents and carers are key partners in RSHE/ PSHE and are best placed to support their children to understand how their faith, beliefs and values fits with their learning at school. We will be sharing the curriculum with parents so that they are aware of when subjects are being covered.

Teachers will plan and deliver sessions using a wide range of resources that reflect the diversity of the school community and encourage acceptance and tolerance. For some children, particularly those with special needs and disabilities, a differentiated approach may be required. This will be discussed with parents on an individual basis.

A range of different families and relationships will be explored in RSHE and PSHE. All children need to feel that the curriculum is relevant to their experience and sensitive to their needs and family background. This means that we will use a range of resources and books that will show diverse families of all kinds, including mum/ dad, two mums, two dads, fostering, adoption, single parent, extended family and others. This reflects our school and the wider community. Some pupils may have experienced adverse childhood experiences that may impact their ability to engage with PSHE and RSHE. Care will be taken to ensure that parents/ carers are consulted about the most appropriate way for children to access the curriculum.

Links with other school policies and practices

This Policy links with a number of other school policies, practices and action plans including:

- British Values Policy
- Online Safety Policy
- Anti-bullying Policy
- Safeguarding Policy
- Positive Behaviour Policy
- Equality Objectives

To be reviewed September 2024

Signed: J Smith (Headteacher)



Date: September 2023